

Covid 19 virus

Dealing with face to face consultations with clients.

The following notes supplied by the NRAH are for guidance only, the individual therapist must ensure that they are working with in any current government regulations/restrictions covering Covid-19 in their area.

During this very difficult time with the Covid 19 virus, many therapists are unsure what options are available to them to serve their clients.

There is an increasing number of therapists working with clients through the various conferencing systems available on the internet. If possible, we recommend carrying out at least the initial consultation using one of those conferencing platforms.

If this is something you want to use and you have not tried online conferencing calls before, we can send you suggested guidelines on how to do it.

If you are able in your area to provide a face to face service, there are some suggestions that we would recommend putting in place. Notify your client of your new requirements for their and your safety.

If you normally issue your clients with a Client/Therapist contract its suggested that you issue it via-email.

During the clients visit ensure that you have plenty of suitable anti-virus wipes and clean the route from your door to your working area and have available a plentiful supply of hand sanitiser. Again, same procedure for toilet facilities. Small bottles of water are better that using jugs and glasses etc. After the client leaves, re-clean again.

NOTE: You must never use Hypnosis online or over the phone.